

July 2010

To Whom It May Concern:

The 3rd Annual 5K Walk for Women to benefit the Laurel Center (formerly the Shelter for Abused Women) is scheduled for September 11, 2010. The Center fulfills a very important need for women and children of the City of Winchester and the counties of Frederick and Clarke. With the contributions from last year, we were able to raise a good amount of money for the Laurel Center to really help make a difference for many in need.

Dr. Matthew Karen and the rest of the staff at Exclusively Faces hope you will join us in sponsoring or supporting this exciting event. We will be giving away shirts with all of the corporate sponsors and other give-a-ways.

We are already looking forward to this year's event to be even more successful and we hope to be able to count on your support.

Sincerely

A handwritten signature in black ink that reads "Matthew Karen". The signature is written in a cursive, flowing style.

Matthew E. Karen, M.D.
Exclusively Faces Cosmetic Surgery & MediSpa
2055 Valley Ave
Winchester, VA 22601
(540) 667-FACE (3223)

3rd Annual 5K Walk for Women

to benefit the Laurel Center

(formerly the Shelter for Abused Women)

presented by

Exclusively Faces Cosmetic Surgery & MediSpa

5K Walk Registration Form

First Name: _____ Last Name: _____

Street Address: _____

City/State/Zip Code: _____

Daytime Phone: _____ Email: _____

T-Shirt Size: () Small () Medium () Large () XL (quantities limited)

Teammate Names & Shirt Size:

1) _____ 4) _____

2) _____ 5) _____

3) _____ 6) _____

Fees: **\$20** per participant

\$10 per participant w/ donation of an item on the day of the walk for the Laurel Center (see attached list of items needed)

\$100 team of up to 6 people

Children under 12 are FREE!

Please select a payment option:

() Check enclosed for \$ _____

(Please make checks payable to *Exclusively Faces* with "Walk for Women" in the notes section.)

() Credit Card (Visa, MC, Amex): Please charge \$ _____

Name on account: _____

Card #: _____ Exp: _____

The Laurel Center is a 501(c)(3) organization, therefore your donation is tax-deductible.

Please mail the completed form and payment to:

Exclusively Faces Cosmetic Surgery & MediSpa

Attn: Walk for Women

2055 Valley Ave., Winchester, VA 22601

3rd Annual 5K Walk for Women

to benefit the Laurel Center

(formerly the Shelter for Abused Women)

presented by

Exclusively Faces Cosmetic Surgery & MediSpa

Personal Sponsorship & Donation Form

Name of Donator(s): _____

Street Address: _____

City/Town: _____ State: _____ Zip: _____

Daytime Phone: _____ Email: _____

____ **Yes!** I would love to sponsor the 3rd Annual 5K Walk for Women to benefit the Laurel Center for this amount:

\$25

\$50

\$100

\$ _____

A check made payable to *Exclusively Faces* for the selected sponsorship amount is enclosed.

____ **Yes!** I would love to support the 3rd Annual 5K Walk for Women to benefit the Laurel Center by making a personal, tax-deductible donation for this amount:

\$25

\$50

\$100

\$ _____

A check made payable to *Exclusively Faces* for the selected donation amount is enclosed.

____ No, unfortunately I would prefer not to sponsor the 3rd Annual 5K Walk for Women to benefit the Laurel Center

The Laurel Center is a 501(c)(3) organization, therefore your donation is tax-deductible.

Please mail the completed form and payment to:

Exclusively Faces Cosmetic Surgery & MediSpa

Attn: Walk for Women

2055 Valley Ave., Winchester, VA 22601

3rd Annual 5K Walk for Women

to benefit the Laurel Center

(formerly the Shelter for Abused Women)

presented by

Exclusively Faces Cosmetic Surgery & MediSpa

Wish List of Items Needed for the Laurel Shelter

(Bring an item from this list on the day of the 5K walk and participate in the walk for only \$10!)

Children's Games and Learning Toys

Games for Game Cube

Games for Nintendo 64

Toilet Paper & Paper Towels

Bags of Individually-Wrapped Candies
(chocolate & non-chocolate)

Large Diapers (Size 3 & up)

Shaving Cream

Fabric Softener

Spill-Proof Cups for Toddlers

Light Bulbs (25 watt for bathroom vanity)

Hand-Held Tape Recorders

Gift Certificates for Families (such as bowling,
movies, fast food, pool passes)

Pre-Paid Phone Cards

Copy Paper, 8 _ x 11 (all colors)

Kitchen & Bathroom Rugs

Grocery Store Gift Cards

Bus Passes

Postage Stamps

Lysol Disinfecting Spray

Hair Brushes

Women's Pajamas

Baby Bottles

Trash Bags (extra large, heavy duty)

Used Cell Phones

Please note: All items should be new and unused. The Center cannot accept samples, used books, clothing, toys or stuffed animals or yard-sale items.